



T.H.O.M.A.S. (Those on the Margins of a Society) Job Description

Title of Post: Trainee Group Recovery Facilitator

Salary: £6432 (Trainee Position) 15 hours

Based at: Blackburn

Reports to: Services Manager

Responsible to: Chief Executive

Area of Operation: Blackburn

Hours of Work: 14.5 hours

Role

THOMAS provides psychosocial recovery services to people with drug and alcohol addictions. Its projects consist of residential and community based services.

Under the supervision of the Director of Dynamic Intelligence Learning and the Service Manager the post holder will be developed as a group worker for a 12 months period, contributing to the delivery of an abstinence based recovery programme and the social network of indigenous recovery. The THOMAS METHOD Programme the recovery framework in which we operate. The post will involve contributing to measurable recovery outcomes, working closely with the group facilitator.

The post holder will maintain high professional standards at all times, whilst ensuring measurable positive outcomes are achieved for the client group. You will support the group facilitator in the continual development of the group dynamic. You will develop and maintain excellent working relationships with partners both internally within the service and externally within a wider partnership. This post also has a learning element to it and you will be expected to take part in the co-facilitation programme via Dynamic Intelligence Learning.

The post holder will contribute to the mission and values of THOMAS that promotes peer led communities.

Key Tasks

Key Activities:

- To work in the facilitation of groups
- To promote visible Recovery within Blackburn
- To provide personalised coaching
- To interact with electronic case management
- To contribute to recovery models and share ideas as part of an integrated recovery service
- To provide positive role model support to service users
- To mentor and guide service users in the recovery journey
- To support service users in the on going development of their psychosocial plan
- To give input to case management and data collection

- To support peer volunteers working within the recovery system.
- To ensure that all activities are suitably recorded in accordance with THOMAS policies and procedures, working with partnership organisations to develop and sustain effective treatment pathways.
- To attend regular supervision and maintain a current knowledge of recovery interventions.
- To work within the policies and procedures of THOMAS.

In addition the post holder will:

- Seek to improve personal performance, contribution, knowledge and skills.
- Participate in appraisal, supervision and Learning & Development processes.
- Keep abreast of developments in services, legislation and practice relevant to the relevant client group.
- Ensure the implementation of the organisation's policies.
- Contribute to maintaining safe systems of work and a safe environment.
- Undertake other duties appropriate to the grade of the post.

Essential criteria:

- ✓ Experience of group dynamic recovery programme.
- ✓ Experience of abstinence based models of recovery
- ✓ Experience of promoting mutual support group and peer led activities.

And the ability to:

- ✓ Communicate confidently and effectively, verbally and in writing.
- ✓ Respond flexibly to the demands of the post.
- ✓ Work as a member of a team.
- ✓ Understand and have a commitment to the principles of equal opportunities and diversity.
- ✓ Employ a mature, empathetic and non-judgmental attitude towards service users.
- ✓ Show commitment to facilitating positive outcomes for service users.

This post is subject to DBS at an enhanced level.

Amendments: This description accurately reflects the present position; it may be amended and reviewed. Any change will be made following a proper period of consultation.

I fully understand this job specification.

Print Name:

Signed

Date